

# WARRINGTON ROAD CLUB

## Event Secretary:

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## Harry Barker Memorial 50 mls Time Trial Incorporating the NW VTTA Championship



Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations on Saturday 21 May 2022 at 2.00 pm

**COURSE – J4/9 TIMEKEEPERS**

Tony Millington and Jim Williams

## COVID 19

Please adhere to the latest Government guidelines. Additionally:

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start.
- Any competitor where the above is relevant should obtain a lateral flow test.

## COURSE DETAILS

**Course code J4/9, 50ml TT. J4/9 uses 4 loops of a circuit starting in Byley Lane.**

Start in Byley Lane on east side of M6 bridge: approx. 1ml from HQ.

Proceed east to Tee junction with A50. **Take care at junction** left along A50 to B5082 Penny's Lane; **1.4 mls**

Left along Penny's Lane to junction with A556 dual carriage way. **5.6 mls**

**Take care at junction** left to Kings St Island; **5.7 mls**

Left along A530/B5309 Kings Street crossing a second island

Straight on to traffic lights with Centurion Way; **9.3 mls**

Filter Left at traffic lights and left again at traffic island to Byley Road Corner (Kinderton); **9.9mls**

Left along B5801 to Byley Crossroads; **11.7 mls**

**Turn right with care** into Moss Lane/Byley lane.

Continue to Tee junction with A50 to start 2<sup>nd</sup> Lap; **13.8 mls**

Complete 2<sup>nd</sup> lap at Tee junction with A50; **27.1 mls**

Complete 3<sup>rd</sup> lap at Tee junction with A50; **40.5 mls**

**Follow the course for a fourth lap finishing 100yds along B5801 just after Byley Road Corner (Kinderton). 50mls**

## Other course information

### **Directions to the Start -**

From HQ, turn Left onto A50, then first Left into Byley Lane.

Start line is approx. 0.5 mile along Byley Lane. Beware of riders coming the opposite way.

### **Directions from Finish to HQ -**

Continue along the course to A50 at Cranage, taking care not to disrupt riders still competing, where right to the HQ.

Alternative, turn right 0.3 mile after Finish, into Dane Valley Way (rough). Turn right at crossroads, re-joining course to A50 at Cranage, where right to the HQ.

### **Warm-Up Zone -**

For minimum disruption and pleasant conditions, please use **Middlewich Road** (Byley Lane to A50).

## HEADQUARTERS:

Cranage Village Hall, 7 miles south of Knutsford and 1 ml north of Holmes Chapel on the A50. Postcode: CW4 8EQ.

Open from 12.30 pm.

## RACE NUMBERS:

Available at HQ. Sign the Sign On sheet when you collect your number. *All competitors are required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.*

## PRIZE LIST

The **Fastest rider overall holds the Harry Barker Memorial Trophy for one year and receives two complimentary tickets to the WRC dinner.**

The **Fastest VTTA Man & NW rider on standard will be awarded 'The ES Ward Memorial Championship Cup'**

	1st	2nd	3rd
Fastest overall	£40	£25	£15
Fastest vet on standard	£40	£25	£15
Fastest female	£40		
Fastest road bike	£40	£25	

### **ONE RIDER ONE PRIZE**

## Rules for Road Bikes

To be consistent with the CTT Manchester District Kudos series the following rules apply to the use of road bikes.

1. No *Tri-bars, clip-ons, or aero-extensions* to be used
2. Hands must be on the handlebars/brake hoods at all times, ie. no forearms resting on the bars
3. Maximum wheel rim depth, 65mm
4. No visors, no ear-covering crash hats, including the *Aerohead*

## Safety Rules and Regulations

**All competitors must obey traffic regulations as set out in the Highway Code and follow the additional rules and regulations set out below.**

1. **CTT Regulations 14(i), 14(j), 15: COMPULSORY LIGHTS & HELMETS** No competitor will be allowed to start without a working white front light and red rear light, either flashing or constant, and fitted to their machine in a position clearly visible to other road users. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. **No lights or no helmet = no ride.**
2. **Care at Road Junctions:** Riders must exercise caution at all junctions. **Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.** A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 19(a)(b)(d).
3. **No parking** at the start or near the timekeeper at the finish. Do not obstruct or distract the timekeepers.
4. Riders must **exercise extreme caution when joining the A556** and be in single file. Proceed with caution keeping close to the verge. Any rider who joins the A556 in a manner which causes him/her to cross the dividing line of the two lane carriageway will be disqualified from the event and may be reported to the District Committee for disciplinary action.
5. Riders finishing must take care to stop safely and avoid other riders who may be continuing to ride round the circuit.
6. 'U' turns in the vicinity of the start and finish will lead to disqualification.
7. **Dangerous riding causes accidents and most certainly endangers the future of our sport. Please ride with your head up at all times.**

**OBSERVERS ARE BEING USED DURING THIS EVENT**

## Course Records

### Solo Male

1:39:31

Christopher Fennell

03-08-21

### Solo Female

1:51:35

Joanna Patterson

03-08-21

### Solo Male (Junior)

1:58:51

Tristan Pilling

15-Jun-19

## Course J4/9 including warm up lane and routes to start and finish

